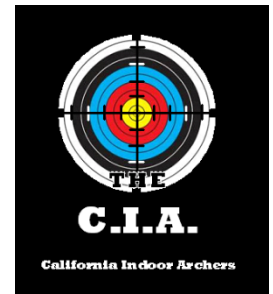




The California Indoor Archers a USA Archery Adult Archery Program Club



The Adult Archery Program is a program of USA Archery that allows adults to learn proper shooting technique, achieve awards based on score, and pursue competition if they wish. Similar in scope to USA Archery's Junior Olympic Archery Development (JOAD) program, the Adult Archery Program is a logical "next step" for adult archers pursuing this lifetime sport. In addition to receiving clear instruction and coaching via our National Training System, membership in an archery program provides unique benefits to adults, including the opportunity to make new friends, a great upper-body workout, and the chance to build self-confidence, and learn team-building skills. Whether your interest in archery is purely recreational, or an Olympic, Paralympic or World Championship dream, USA Archery's Adult Archery Program is designed to help you pursue all that archery has to offer.

Our Adult Archery Program club, the CIA (California Indoor Archers,)—shooting from 18 meters--meets from 3:00 p.m. to 4:15 p.m. on Sunday afternoons for Beginners, 4:15 to 5:30 for Advanced. There is a yearly non-refundable CIA membership fee of \$70.00 per archer, which pays for:

- A club polo shirt
- An exercise stretch band
- Achievement pins and lanyards
- A guide booklet
- Free use of equipment for three months

At least one private lesson and the coach's approval are required prior to joining our club, at which time a CIA Registration Form must be completed and signed. The monthly fee is \$100, which is non-refundable and not eligible for prorating unless joining for the first time partway through a month. Other than that, there is no prorating based on attendance. We meet the first four Sundays each month, including months with five Sundays. We break for a week or two off around the holidays, but the monthly fee will be reduced to reflect that. A Sunday when the club attends a tournament is considered as one of the monthly meetings. Tournament participation, especially by the advanced class, is a primary goal. Equipment rental after three months is \$10 per class. Committed archers, at this point, are expected to purchase their own gear.

Sessions are taught by a USA Archery Coach and/or Instructor. CIA members may miss no more than three consecutive classes, without a valid excuse, to maintain an active membership and membership privileges; this is due to a potential waiting list for those who wish to join the club, but do not have a spot.

The fourth Sunday of each month is our tournament-style Pin Shoot where archers can earn Star Pins for scoring achievements. The CIA polo shirt and appropriate bottoms (no jeans, camo, or excessively short) are required in order to participate. Once CIA members earn their 4-star achievement pin, they are required by USA Archery to join the organization before earning any more pins. Membership is \$60. For more information, go to <http://www.teamusa.org/USA-Archery/Archers/Adult-Archery-Program>. A copy of our By-Laws is available upon request. For questions, please call 310 404-3665 or email paul@southbayarcherylessons.com. The website is www.southbayarcherylessons.com.

